

SUMMER 2005

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MILESTONE MATTERS

Business Office: 4060 McFarland Road, Rockford, Illinois 61111, 815/654-6100

A MEMORY LIVES ON.... IN HONOR OF ROY AND MYRTLE NEWMAN

On January 16, 2002, Dr. Roy L. Newman passed away. Roy was predeceased by his loving wife, Myrtle. Roy and Myrtle became members of the Milestone family in September of 1979 when their son, Paul, became one of the first residents of Milestone Elmwood Heights.



Dr. Roy and Myrtle Newman

The Newman's often spoke of how Milestone was their "savior". With Paul at Milestone, Roy and Myrtle were given a freedom that they had never had before. They had kept Paul

home through most of his adult life, with Myrtle being the primary care giver. Those years made it impossible for them to travel because of the time it took to care for their son. Once Paul moved into Milestone, the Newmans traveled throughout the world. They found a new happiness together and were appreciative of the care Paul was receiving. The Newmans were so appreciative of the concern for Paul's welfare and the respect the direct care employees exhibited toward Paul, that upon their death they left most of their estate to the Roy and Myrtle Newman Trust.

The funds from their estate were placed in the Milestone Foundation and were restricted under the tenets of the Newman Trust. The income from this trust is to be used for merit bonuses for direct care employees. Each year since Dr. Newman's death, Milestone has been able to distribute twice a year, the income from this trust to direct care employees who have exhibited meritorious services. The trust specified

that Milestone employees who spend 75% of their time working direct care are the only eligible employees. It requires Milestone's administrative personnel to provide merit bonuses based upon the employees' attendance and punctuality, participation in ongoing direct care training, and performance issues that include the employees' interaction with the individuals we serve, initiative on the job, and their compliance with Milestone's human rights policies.

The first Newman bonus was distributed in December of 2002 and has been distributed every six months thereafter. A total of \$159,335 has been paid out to employees for meritorious services since the inception of this trust. Dr. and Mrs. Newman developed this trust to honor the employees who care for their son, Paul, and all other individuals served by Milestone. While the trust honors these employees, we at Milestone honor Roy and Myrtle Newman for their generosity and commitment to our employees and the individuals we serve. It was an honor to have them a part of the Milestone family and they will be forever missed and remembered through the Newman Trust.



Dr. Roy, Paul and Myrtle Newman

Milestone Athletes Win Big

More than 160 athletes from Milestone, Inc. took part in this year's Northwest Illinois Special Olympics Track and Field and Aquatics meet at Harlem High School in May, making it the largest team at the event. Staff and volunteers were on hand to cheer on the athletes as they ran track, threw the softball, did the long jump and took part in the relay races. 24 track and field athletes and 2 aquatic athletes ended the day with first place medals which means they head to Bloomington for the Illinois Special Olympics Summer games in June.



Mr. Jerry Rebecca traveled to Rockford from Arizona so he could watch his 3 sons Mike, Nick and Albert compete.

On the same day 15 Bocce athletes attended the Spring Valley Area Qualifier. Mike Eertomed and Dale Cappy a Fleetwood service provider formed Milestone's first Unified Partners team and competed against other unified partners. Congratulations to Mike and Dale for winning the bronze medal. Five Bocce athletes will also be heading to Bloomington for the Special Olympics Summer games.

Special Olympics is a year-long program and the area's first polar bear plunge at Rock Cut's Olson Lake took place on March 5. Milestone had four representatives, Marnie Wade, Pat Veach, Joe Pingo and Dana Harmon who took the plunge.



Marnie Wade, Pat Veach, Joe Pingo and Dana Harmon all took the Polar Bear plunge for Special Olympics.



Athletes from Milestone, Inc. proudly march in the parade of athletes at the annual Track and Field meet.

Later in March Milestone was represented with 2 teams at the State Basketball tournament in Bloomington. Both teams won third place honors. Five individual basketball skills' athletes also took part in the competition and each brought home a medal.

Northwest Illinois Special Olympics is interesting in starting unified bowling leagues this summer, if you would like more information on this program or would be interested in forming a team with Milestone's Special Olympic bowlers please call Trixie Hickok at 639-2925 ext. 5.

OUT WITH THE OLD.... IN WITH THE NEW

In July, Milestone will open three new group homes. The new homes are located at 5142 Hermitage Trail, 3615 Shattuck, and 1307 Geneva. When these homes open, we will be relocating individuals currently residing in our Riverside and Javelin locations into these new homes.

The Javelin home, which opened in 1983, was the first community living facility in Rockford and also was the



3615 Shattuck Lane

first of its kind in Illinois. While this facility has served the needs of the individuals well for the last 22 years, Milestone decided to replace the facility with a newer, more home-like environment for the ladies who live there.

Riverside opened in 1996 and is also being replaced by a newer, more home-like setting. A total of 13 individuals from Javelin and Riverside will be relocated into the three five-person group homes. Two young adults who are aging



1307 Geneva Avenue

out of RocVale Children's Home will also be moving in, bringing the total number of individuals to 15 in the three group homes. It's an exciting time for these young men and women and their families.



5142 Hermitage Trail

RocVale Resident Enjoys Helping Others

Helping others is very important to Sara, a young woman at RocVale. Sara loves working with Children and although she is very committed to volunteering, she is actively seeking paid employment.

Sara has been volunteering at Dodge Lanes bowling alley in Belvidere since October 2003. Her volunteer season runs from September through April, and she enjoys assisting the children who bowl in leagues, along with doing a variety of other tasks throughout the morning.

Each Saturday, Sara is up bright and early and ready to go. She is always excited and motivated to help. The ages of the children she assists range from 2 to 12 years old. Some like to bowl "their own way" but Sara is always there to offer an encouraging word, or to say well done.

Sara indicates her favorite part of volunteering is working with children like Gabriel, who requires a little extra help due to a birth defect. Sara assists Gabriel by placing his ball on the ramp, and after he bowls each frame she tells him his score. All of their efforts paid off. This year Gabriel received a trophy for bowler of the year with the highest handicap series and a patch for most improved bowler!

After the children are done bowling, Sara helps collect the money envelopes for the coach, cleans up the areas by wiping the tables and puts the bowling balls and



Sara enjoys helping Gabriel



Cleaning up after a busy morning.

shoes away. Sara also helps with special occasions like Halloween, Christmas, and assisting with the bowling banquets at the end of the year. Sara is a valuable volunteer, who always has a great attitude.

Members of Human Rights Committee Honored

Members of the Human Rights Committee were thanked and honored for their years of service during a luncheon at Elmwood Heights. Milestone, Inc. and RocVale Children's home established the 24 member committee to ensure the rights of the individual are protected and to promote dignity in treatment. Members of the community, Milestone and RocVale staff and guardians are all part of the committee. It is a forum to resolve concerns regarding care and/or approval of therapeutic treatments as presented by parents/guardians, individuals and staff. Fifty percent of the committee must be community representatives who maintain equal voting status with Milestone, Inc. employees. These volunteers will help individuals and their advocates understand and exercise their rights as defined by law, and can make recommendations regarding procedures for ensuring individual rights and the resolution of issues. The committee's work is confidential and any information regarding Human Rights issues in an individual's records can only be reviewed by the staff of Milestone, Inc. after the person or guardian grants consent.



Dr Robert Fox and Peggy Rodriquez at the luncheon.

Human Rights Committee Members and Years of Service



Some members of the Human Rights Committee gather after the May luncheon.

Dr. Robert Fox – 23 years
 Peg Hanson – 20 years
 Tammi Vail – 1 year
 John Linde – 20 years
 Kathy Nelson – 1 1/2 years
 Marge Waldhauser – 18 yrs
 Helen Pyfer – 2 years
 Magda Pandya – 15 years
 Leslie Moore – 7 months

Mario Crayton – 10 years
 Robert Gould –
 new member
 Amber Barcelona – 8 years
 Ken McClain –
 new member
 Diane Trepanier – 6 years
 Bruce Ewald- 24 years
 Kristine Lee – 5 years

Rhonda Kovanda – 4 years
 Carol Wickhorst – 4 years
 Judy Kyle – 3 years
 Julie Meyer – 3 years
 Karen Romaro – 3 years
 Beth Eickstedt – 3 years
 Ellen Allen – 3 years
 Leslie Cousin – 3 years

MTC Individuals and Staff Help Out in the Community

Milestone Training Center individuals and staff are making a difference in the Rockford area. In the past year over 200 volunteer hours have been logged helping other non profit organizations. Their efforts include making decorations for the Easter Seals Jelly Bean Ball, being a Bell Ringer for the Salvation Army, folding and labeling the Venetian Club Newsletter and cleaning up Lockwood Park twice a week.



A Milestone, Inc. staff member helps Mike and Kyle finish a flower for the Jelly Bean Ball.



Tim and a Milestone, Inc. staff member clean up Lockwood Park



Easter Seals Children's Development Center CEO Jim Powers and Administrative Assistant Carrie Berg presented MTC individuals with a plaque thanking them for the Jelly Bean Ball decorations.

Dental Staff expands

More people will be served by the Milestone Dental Clinic after Dr. Jason Grinter joins the staff July 11. Dr. Grinter recently completed his residency program at the Illinois Masonic Medical Center Department of Dentistry and received advanced training in the delivery of care to developmentally disabled patients. He is originally from upstate New York and graduated with a B.S. degree in Biology from State University of New York at Geneseo and his Doctorate of Dental Surgery from the State University of New York at Buffalo. In his free time Dr. Grinter loves to travel, ride his bike, and visit book stores. Currently there are more than 500 patient visits each month at the Milestone Dental Clinic.



Dr. Jason Grinter

Milestone Industries meeting the needs of local businesses

Building Lives, Building Futures is not only the motto of Milestone Industries, it is something that is seen every day in the faces of the 75 individuals served. These people get on the job training while earning a pay check for work completed. Every day from 8:00 a.m. until 2:00 p.m. you will find people stuffing envelopes, scaling, collating, sorting, blister packaging, inspecting and doing small assembly work. Currently Milestone Industries does work for many companies including MS2 Graphics, MTE Hydraulics, Rockford Forms and Graphics, DIA Packaging, US Filter, Martin Graphics and Electro Cam Corporation. Bob Selleck, General Manager of DIA Packaging in Belvidere said he switched to Milestone Industries a couple of years ago because it was a cost-effective way to get his business needs met, while helping the community. Selleck added he had a choice to move the work out of the area or give Milestone Industries a try. The quality of work has always met expectations according to Selleck who added every deadline has been met. He summed up his experience with Milestone Industries by saying it is a good value for the money. No job is too big or too small for Milestone Industries and while the local economy has had an impact, the goal is to keep everyone busy. If you want more information about Milestone Industries or would like to inquire about Milestone Industries filling a need at your business please call Ed Klein at 639-2810.



Phil is busy getting everything ready.



Vicki makes sure each package is exact.



Teamwork gets the job done.

Milestone, Inc. is a 501(c)(3) Illinois not-for-profit organization. Milestone Matters is developed to inform the public of the programs and services we offer to the developmentally disabled citizens from the greater Rockford area. To learn more about Milestone and the individuals we serve, please call (815) 654-6100.

Chief Executive Officer, James P. Hamilton;
Milestone Matters Editor, Arles Hendershott.

Milestone, Inc. Recognizes long term employees

20 year anniversary

Mary Mandzen -- March 2005 20 yr

Diana Stralow -- May 2005 20 yr

15 year anniversary

Bill Grahn -- May 2005 15 yr

Joanna Grahn -- June 2005 15 yr

Jan Hembrough -- Jan 2005 15 yr

Donna McBride -- Feb 2005 15 yr

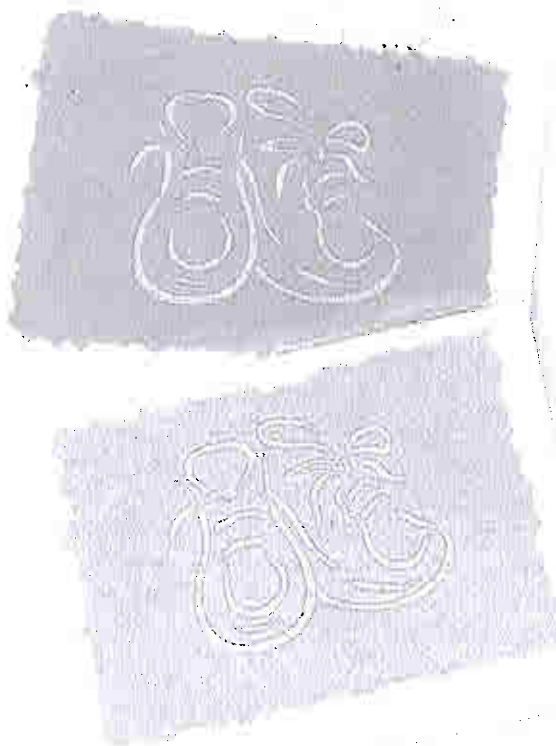
Handcrafted cards for sale

Milestone Industries has expanded their selection of handcrafted greeting cards to include baby cards, in addition to the selection of Christmas and holiday cards. These cards are made from start to finish by the individuals at Milestone Industries, they make the paper, sew designs on the cards with state of the art sewing machines, artfully trim the paper and glue the finish product to paper stock.

Baby cards are being sold at the following locations:

- Chocolâte Pattie on South Perryville
- OSF Saint Anthony Medical Center Gift Shop
- Rockford Memorial Hospital Gift Shop
- Annie's Gifts & Home Accents at the Edgebrook Shopping Center

Or you can call Jeanette Moore at Milestone Industries at 639-2821.



Address Service Requested

4060 McFarland Road
Rockford, Illinois 61111



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