



MILESTONE INC.

Building Lives • Building Futures

MATTERS

Newsletter For The Friends & Supporters of MILESTONE, Inc.

FALL 2008 CONTENTS

New Responsibilities
2

Helping Fill
a Need
3

RocVale Gets
New Bikes
4

Having Fun at The
RiverHawks Game
5

New Group Home
Opened
6

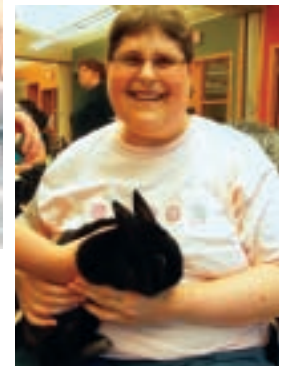
Volunteer Leads
Church Service
7

Still Time to Order
Holiday Cards
8

ADOPT A CAMPER PROGRAM A SUCCESS

Fishing, swimming and cooking out over a camp fire were just a few of the activities enjoyed by MILESTONE individuals at summer camp. The Adopt A Camper program helped many individuals from MILESTONE's

Adult Group Homes and Elmwood Heights facility attend Camp Albrecht Acres in Iowa for a week or Camp Winnebago for 4 days. Staff from the YMCA and a Rec Connection grant from the Rockford Park District helped provide the programming for Camp Winnebago, which was designed by MILESTONE staff. While people went to 2 different camps, they all agreed on one thing, they had a lot of fun and can't wait to go back to camp.



THANK YOU

Adopt A Camper sponsors

Anonymous Donor
Mr. and Mrs. Angus More Jr.
Ms. Beverly Bengston
Mr. and Mrs. Bakul Patel
Mr. and Mrs. Richard Trepanier
Beef A Roo Corporation
Ms. Gail Coffler
Dr. And Mrs. Richard Warrner
Ms. Doris Latham
Mrs. Jack Davin

David and Nicole Traum
Mr. and Mrs. Charles Reiter
Mr. and Mrs. David Doerr
Mr. Michael Johnson
Mr. and Mrs. Roger McDougall
Kuhls and Company C.P.A
Mr. Elmer Rosenberger
Ms. RoseMary Hendershott
Mr. and Mrs. Fredrick Beck
Mr. Joseph Love and
Mrs. Arles Hendershott Love

St. Rita's Church
Mr. and Mrs. Frank Burja
Rockford Park District
Mr. and Mrs. Vidyut Pandya
Kiwanis Club of Northern
Winnebago County
Mr. and Mrs. Ronald Coffler
Ms. Audrey Wilson and
Mr. Thomas Benson
Mr. and Mrs. Sean Kelly



HUMAN RIGHTS COMMITTEE

The Human Rights Committees at MILESTONE and RocVale Children's Home, ensure the rights of our individual's are protected along with promoting dignity in treatment. The two committees are being merged into one committee representing the entire agency.

The committee is a forum, designed to resolve concerns regarding care and/or approval of therapeutic treatments as presented by parents/guardians, conservators, individuals and staff. The committee is composed of members of the community, guardians of individuals from our programs, and staff from MILESTONE and RocVale. Fifty percent of the committee must be community representatives.

The committee also assists individuals and their advocates, in understanding and exercising their rights, as defined by law. It can also make recommendations to Jim Hamilton, the Chief Executive Officer, regarding procedures for ensuring individual rights, the resolution of rights issues, and addresses issues presented by the CEO, Senior Vice Presidents, Administrators of all programs, and Individual Services/Program Directors.

All matters are confidential. All individual's records and information regarding Human Rights issues is confidential and may not be reviewed by staff of MILESTONE, Inc. or RocVale Children's Home without first gaining consent of the individual and guardian.

We want to take this opportunity to thank the following Human Rights members who are leaving the committee after years of dedicated service: Beth Eickstedt, Susan Royster, John Linde, Ken McClain and Helen Pyfer.



Human Right's Committee Members with over 5 years of service

- Dr. Robert Fox – 25 years
- Bruce Ewald – 25 years
- Peg Hanson – 23 years
- John Linde – 23 years
- Marge Waldhauser – 21 years
- Magda Pandya – 18 years
- Diane Trepanier – 9 years
- Kristine Lee – 8 years
- Rhonda Kovanda – 7 years
- Carol Wickhorst – 7 years
- Judy Kyle – 6 years
- Julie Meyer – 6 years
- Karen Romaro – 6 years
- Beth Eickstedt – 6 years

NEW RESPONSIBILITIES

MILESTONE President and CEO Jim Hamilton is pleased to announce the following promotions following the retirement of COO Carol Bachhuber.

Bill Grahn and Linda Thornbloom were promoted to Senior Vice Presidents for Program Services. Bill is responsible for all CILA programs including Adult Group Homes, Downtown CILA and MILESTONE Industries. Linda is responsible for Elmwood Heights, Elmwood East, The MILESTONE Training

Center and RocVale Children's Home, along with the Social Services and Dietary Departments.

Lori Neuschwander was promoted to Vice President for children services and is in charge of RocVale Children's Home.

Joanna Grahn, Nina Etchin, Theresa Risser, Amber Barcelona, Margaret Deberry and Joe Pingo were promoted to Administrator.

HELPING AT THE BACK TO SCHOOL CLOTHING DRIVE

Individuals from the MILESTONE Training Center enjoyed volunteering at the Back to School Clothing Drive for Rockford Public School Students. They explained how people could help by adopting a student when they stopped by the booth at the CherryVale Mall.



SHARING SUMMER'S BEAUTY



Parents, Guardians and Individuals at Sun Valley Group Home had fun this past summer completing a landscaping project at the home. The group planted flowers and spruced up the entire yard. Everyone agreed it looked great after they were done. Thank you to Roxanne Lewis who organized the event.



HELPING FILL A NEED

Matthew has a special way to get smiles on the faces of all the residents at Sun Valley, and to get them on their feet dancing. Matthew loves to listen to music, according to his mother, and when he walks into a room with his CD's, it does not take long before everyone is up on their feet dancing.



Matthew enjoys spending time with his 2 sisters and niece. His oldest sister works in Rockford and stops by Industries to take Matthew to lunch which he enjoys. Miniature golf is also a favorite pass time and Matthew had a fun time golfing with his brother in law at Volcano Falls, and he recently rode the go carts for first time with his sister.



Susan and Tom Matousek knew that once their son was in his 20's they needed to start thinking about options for his future. Matthew had been living at home and been part of a workshop program, but his parents wanted more for him. They started looking at residential facilities, but after spending time at Sun Valley, they knew MILESTONE was the one they wanted. They liked the fact Matthew could have his own room, and the home like setting.



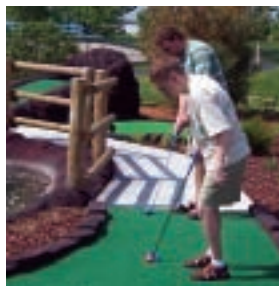
When Matthew comes home for weekend visits he enjoys swimming and playing with the family dog Perkins. The girls at SunValley are always accommodating to Matthew's calls from home, and he's eager to tell mom and dad what he's been doing at Industries.



Matthew's family enjoys doing things at Sun Valley and helped with the landscaping project this past summer. His parents say they know Matthew is well taken care of and that the staff truly cares for their son and is like his second family.



Matthew moved in April of 2007, and his parents say they have seen positive changes in both his behavior and attitude since he has been on his own. Matthew also enjoys working at MILESTONE Industries. Susan Matousek says she knows the staff at MILESTONE always has the best interests of the Individuals at heart and that they come first. She also appreciates the fact the staff takes the time to keep the family informed about Matthew's health and well being .



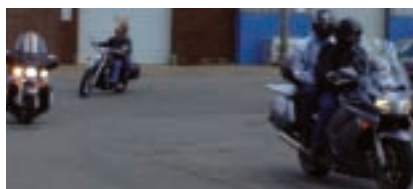
Save the date
Milestone's 35th Anniversary Celebration
Dinner and Dance
November 8, 2008
Giovanni's
6:00 p.m.



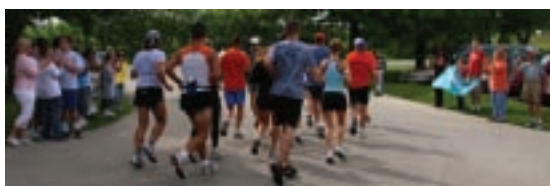
ROCVALE GETS NEW BIKES THANKS TO "BIKERS FOR BIKES"

Everyone was all smiles and the children could not wait to try out the new bikes purchased with the money raised

at the Bikers for Bikes event. Cathy Baker and her family and friends organized the event which raised enough money to purchase 12 new three wheel bikes. Cathy also got over 30 biking helmets donated to RocVale. The day of the event everyone had fun watching the motorcycles roar in, eating hotdogs and listening to the band "Easy Louise".



ILLINOIS LAW ENFORCEMENT SPECIAL OLYMPICS TORCH RUN STOP AT ROCVALE.

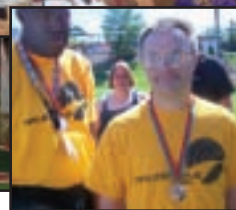
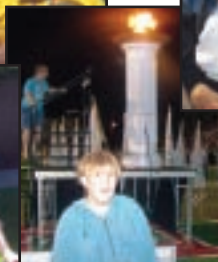
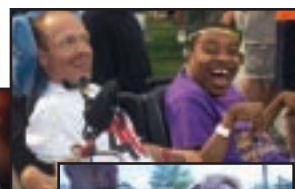
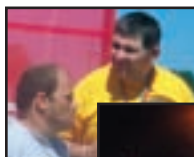
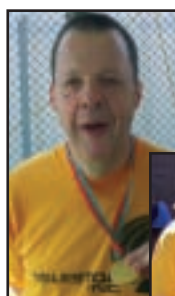


Rockford Police Officers took to the streets to raise money for Special Olympics during the Illinois Law Enforcement run. The group was greeted by a cheering crowd when they stopped at RocVale to hand off the torch to the next group of runners. Statewide more than 3,000 officers took part in the 1,500 mile run.



CELEBRATING 40 YEARS OF SPECIAL OLYMPICS

54 MILESTONE Athletes traveled to the Illinois State Special Olympics games in Bloomington/ Normal. This year everyone at the games celebrated the 40th anniversary of Illinois State Special Olympics. The athletes were tired when they returned home, but all say they had a great time, and can't wait until next year.



Illinois State Special Olympics

11 gold medals

24 silver medals

6 bronze medals



HAVING FUN AT THE RIVERHAWKS GAME

80 individuals from Elmwood Heights, Adult Group Homes and RocVale Children's Home enjoyed a tailgate party hosted by the Illinois Beverage Association. Before the game everyone enjoyed hotdogs, chips, beans and pop, and cheered for the Riverhawks during the game.



HELPING AT RELAY FOR LIFE

Individuals and staff from MILESTONE Training Center helped at the American Cancer Society's Relay for Life at South Beloit High School. They helped fill the luminary bags with flyers and coupons from local businesses in the area who supported the event.



HELPING DELIVER MEALS

Individuals from MILESTONE Industries helped put smiles on the faces of many people when they volunteered to deliver meals to homebound people for Lifescape Community Services. Not only did they deliver the meals, they took time to visit with the people receiving them.



CHANGES AT ELMWOOD HEIGHTS



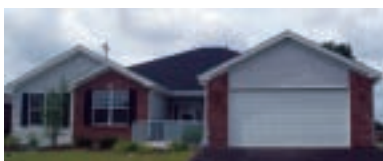
The first phase of a construction project at MILESTONE'S Elmwood Heights facility is almost done. Covered walkways were built connecting two of the homes to the administration building.

This will make it easier for staff and the individuals to go from building to building in bad weather. A grant from a private foundation helped fund part of this project.





NEW GROUP HOME OPENED



Five ladies moved into the Southbridge Home this past summer and are enjoying their new surroundings. The home features an open floor plan and plenty of room. The new home replaces Country Club which was recently closed.

DAN'S DANDY DAY TRIPS



The summer was full of activity with individuals going to the Madison zoo for the day, while others were able to cheer on the White Sox or the Cubs and Brewers at a game.



MILESTONE DENTAL CLINIC RECEIVES GRANT FROM DELTA DENTAL

Tim Woods and Lynne Williams from Delta Dental presented MILESTONE President and CEO Jim Hamilton and MILESTONE Dental Clinic Administrator Kathy Olson a check as part of a grant to help the Dental Clinic expand its service area and provide services to more special needs patients. The MILESTONE Dental Clinic is the only free standing clinic in the nation designed to serve only the Developmentally Disabled population.



ASK A DENTIST *From the Desk of Dr. Jason Grinter:*



Cancer can affect any part of the oral cavity, including the lips, tongue, mouth and throat. The American Cancer Society estimates that there will be 35,310 new cases of oral cancer diagnosed in 2008. One American dies every hour from oral cancer. The most common symptoms are:

- A lump or thickening in the cheek
- A white or red patch on the gums, tongue, tonsils or lining of the mouth
- A sore throat or feeling of something caught in the throat

Difficulties in chewing, swallowing, or moving the tongue or jaw.

All of the symptoms have other causes as well. But, if you experience any of these symptoms lasting more than 2 weeks you should see a doctor or dentist. The biggest risk factors for oral cancers are gender, age, smoking and alcohol consumption. Oral cancer is twice as common in men, and half of all oral cancers are diagnosed in people over 68. 90% of patients with oral cancer use tobacco. Oral cancers detected in the early stages have a much higher survival rate. If you are a person with high risk factors for oral cancer you should check your mouth monthly for the symptoms.

DR. SIDDIQUI JOINS MILESTONE DENTAL CLINIC STAFF

Dr. Saleem Siddiqui (Dr. Sal) has joined the MILESTONE Dental Clinic Staff. Dr. Siddiqui grew up in Roselle, graduated from Lake Park High School, and attended the College of DuPage and earned his bachelors degree from Benedictine University, in Lisle, IL. He went on to dental school at New York University College of Dentistry where he graduated with his DDS Degree in 2007. Dr. Siddiqui then continued his education with a General Practice Residency at Monmouth Medical Center in Long Branch, NJ. In his spare time Dr. Siddiqui enjoys cooking and mowing his new lawn.





VOLUNTEER LEADS CHURCH SERVICE

Many Tuesday afternoons you will find Jana Knight in the activity room at MILESTONE'S Elmwood Heights facility with a group of individuals surrounding her. Jana is a volunteer who leads a church service at Elmwood Heights. During each visit the participants sing and hear stories from The Bible.



MILESTONE, INC. RECOGNIZES LONG TERM EMPLOYEES

15 years

Judy Garrelts	July
Helen Pyfer	August
Linda Hoffman	September
Peggy Jones	September
Lorenzo Mathis	September
Robert Meyers	September

10 years

Michelle Austin	July
Sarah Meyers	July
Lonnie Williams	July
Angela Ruper	July
Ali Ames	August
Geneise Hunt	August
David Shields	August
Kristine Mueller	September
Yolanda Washington	September

THANK YOU MILESTONE SUPPORTERS

Thank you to Cathy Baker and everyone who helped with the Bikers for Bikes event or donated items.

Thank you to Mike at Berg Industries for the use of the tent at MILESTONE Industries.

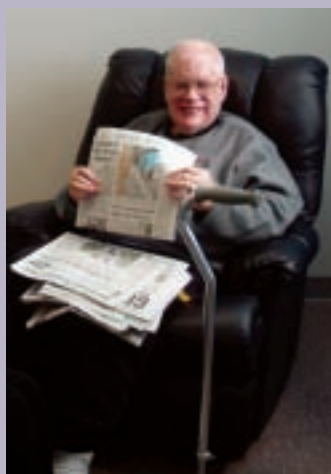
Thank you to Taylor Freezer for the grant for RocVale Children's home.

Thank you to the staff at Rockford Health System and the Rockford Memorial Development Foundation for collecting magazines for our Elmwood Heights facility.

MILESTONE MISSION STATEMENT

"Everyone has the right to be treated with respect, to participate in community life, to develop and exercise personal competence, to have family and friends, and to make decisions in their lives." MILESTONE, Inc. exists to ensure that persons with developmental disabilities can exercise these same rights.

MILESTONE WISHLIST



- Newspaper subscriptions
 - Magazine subscriptions
 - PEOPLE Magazines (new or used)
 - Video Projector and lap top for staff training
 - DVDs
 - Light Operated Mouse and Keyboard
 - Prescription Safety Glasses
 - Art Supplies for RocVale Children's Home
- There are many more items on the Wish List, please contact the Resource Development Department at (815) 639-2965 for more information.



**Packaging • Bagging • Heat Sealing
Scaling • Blister Packing • Assembly Sorting
Inspection • Collating • Mailing and Labeling**

Milestone Industries is your on-time, competitively priced solution for all of your packaging, sorting and mailing needs.

With over 12 years of contracting experience serving Northern Illinois and Southern Wisconsin, our proven track record will complement your project no matter how big or small.

For a project quote or more information about Milestone Industries
 Contact: Bob Stephenson
 815.639.2810
 Email: bstephenson@milestone-inc.org

Milestone Industries - A Division of Milestone, Inc.

MILESTONE, Inc. is a 501 (c)(3) Illinois not-for-profit organization. MILESTONE Matters is developed to inform the public of the program services we offer to developmentally disabled citizens from Northern Illinois. To learn more about MILESTONE and the individuals we serve, please call (815) 654-6100.

Chief Executive Officer: James P. Hamilton
 MILESTONE Matters Editor: Arles Hendershott
 Copyright ©2007 by milestone, inc.



THERE IS STILL TIME TO ORDER HOLIDAY CARDS



Artists at MILESTONE Industries are busy making cards for the 2008 Holiday season.

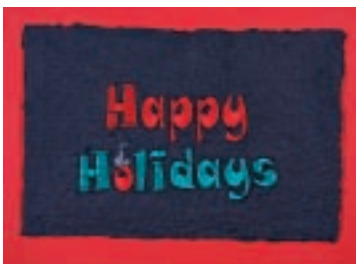
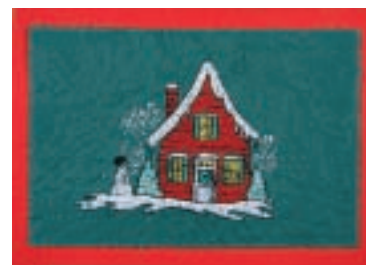
New Designs include a hanging stocking, a snow scene, a snowman, and Noel.

Returning favorites include silver bells, and Happy Holidays .



A wide selection of greetings are also available.

Last year was a record setting year with MILESTONE Industries filling orders for over 6100 cards, so please order yours early.



Cards are \$2.25 each for orders of 1 to 99 cards, and \$1.75 each for orders over 100.

For more information or to place an order call Jeanette More at (815) 639-2821.

Address Service Requested

4060 McFarland Road
Rockford, IL 61111

Building Lives • Building Futures



Non-Profit
Organization
US Postage
PAID
Permit #640
Rockford, IL