



MILESTONE INC.

Building Lives • Building Futures

MATTERS

Newsletter For The Friends & Supporters of MILESTONE, Inc.

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MILESTONE'S MULFORD APARTMENTS

MILESTONE'S Mulford apartments are open, and Individuals and Staff have been busy packing. The new building was made possible through a grant from HUD for a supportive living project for people with disabilities.



There are 8 apartments in the new location, a community room, patio, office and 1 managers unit. Each unit has a full kitchen, dining area, living room, entry coat closet, bathroom and bedroom with full closet. The apartments have adjustable height shelving, lever handles and individual heating/cooling controls, and fully accessible bathrooms. The design will allow any unit to be converted to an accessible unit to accommodate the changing needs of the individuals served by MILESTONE.



The overall design of the building gives the individuals their independence and privacy but at the same time will better enable the staff to assist the individuals when needed. The location is ideal for both shopping and recreational opportunities. Everyone was excited to have a new home and put their personal touches on each apartment.



MILESTONE AWARDED SECOND GRANT FROM HUD

MILESTONE was one of 2 agencies in Illinois and 62 nationally, to receive funding from HUD for a supportive living project for people with disabilities. The \$1,200,000 will be used to build a second independent living apartment building in Loves Park, similar to the building on South Mulford.





FROM THE DESK OF SHAWN WAY, MILESTONE CEO



Every morning when I enter my office I start my day by reading the Milestone, Inc. Mission Statement. It sits on my desk in front of my computer screen. "Everyone has the right to be treated with respect, to participate in community life, to develop and exercise personal competence, to have family and friends, and to make decisions in their lives." Having spent my first summer here at Milestone, I can assure you all that the individuals we serve lived out that mission throughout the summer of 2010, with a special emphasis on "participating in community life".

Our individuals attended plays at the Fireside Theatre, Brewers games at Miller Park in Milwaukee, White Sox games at U.S. Cellular Park in Chicago and numerous Riverhawks games right here in Rockford, thanks to donations and Dan's Dandy Day Trips and the Dan Wickstrand Fund. We attended Camp Albrecht in Iowa, Boys Scout camp in Wisconsin and Camp Winnebago here in northern Illinois. These are special days for our individuals and they couldn't happen without the dedication of those who support Milestone, Inc. financially and the incredible employees who organize and participate in these wonderful trips. I tip my cap to you! It's not all fun and games though, as our workshop here at Industries has been hopping. We've had work in all summer long and our individuals have been busy. Our greeting card business is thriving and we are in full production mode producing our new designs for the 2010 holiday season. It's not too late to place your orders. The bottom line is that it has been a great summer for the individuals here at Milestone and for that we are grateful.

From the business side of matters, I would be remiss if I did not update you on the state of affairs involving the State of Illinois and financial matters. The new fiscal year began July 1. We have already been alerted to funding cuts for certain programs and are awaiting word on final appropriations over the coming weeks. The "Great Recession" has had a rippling effect on all families throughout the United States and the world, and certainly in and around Rockford, Illinois. The State is facing significant budget shortfalls and the impact is being felt at many levels. Social service agencies are on pins and needles waiting to hear how things will shake out. We are doing our best to build a balanced budget, knowing it will likely be a smaller budget than the previous two years. Cash flow is strained. Our receivables (monies owed to us by the State of Illinois) totaled nearly \$6 million on July 31. These are trying times, but we continue to focus on what we can control and that's providing the quality care and programs that matter most to our individuals.

MILESTONE DAY TRAINING PRAISED



All MILESTONE Day Training Programs earned a 100% rating during a recent Illinois Department of Human Services Survey. The surveyor reported, "The strength of the program is MILESTONE'S staff, who provide a place that is safe, clean, supportive and most importantly where the individuals are treated with respect, and dignity." The survey also reported that the program at MILESTONE was a quality program that provides excellent services.



**DID YOU
KNOW...**

The individuals MILESTONE
serves use over 200 gallons
of shampoo each year



MOTHER AND DAUGHTER CALL MILESTONE HOME

Two members of the Pride family call MILESTONE home, Karen and her daughter Holly.

Buddy Pride says the family made the decision to move his mother and sister to MILESTONE for many reasons.

He says, "My mother was living at another facility about an hour away, and her needs were really not being met very well. We placed a request to come to MILESTONE because of the quality of the programs and services offered. I was very excited when the opportunity came in 2006 to bring my mom here to MILESTONE. Not only is she closer to me, but she has many more opportunities here than she did before."

His sister had been living in a state run facility for over 20 years and Pride says, "Each year the state would threaten to close it down, so we were always worried about whether she would have a place to live or if the state would send her to some place farther away." He adds he was very pleased when the family had the opportunity in 2008 to also move his sister to MILESTONE. Because she was so far away, it was very difficult to visit her and take my mom that far.

Now that both his mom and sister are both at MILESTONE, they get to spend more time together.



Karen loves the fact she is closer to her family, and enjoys telling the staff about her children and grandchildren and sharing

pictures. Pride is not just her name, it is how she talks about anyone in her family, and she loves the fact she can visit her daughter anytime. She also enjoys making jewelry at MILESTONE industries.

Holly enjoys life and loves to laugh, the staff says her laugh is infectious and something everyone enjoys hearing.

Pride says he is very pleased with the quality of the services and the professionalism of the staff at MILESTONE. In his opinion, the staff always looks out for the best interests of his mom and sister and are very helpful in providing the things that they need to be successful in whatever they do.

He adds that they both really enjoy living at MILESTONE, his mom has made many friends and they both really feel that MILESTONE is their home now.



MILESTONE MISSION STATEMENT

"Everyone has the right to be treated with respect, to participate in community life, to develop and exercise personal competence, to have family and friends, and to make decisions in their lives." MILESTONE, Inc. exists to ensure that persons with developmental disabilities can exercise these same rights.



ADOPT A CAMPER PROGRAM A SUCCESS

Fishing, swimming and cooking out over a camp fire were just a few of the activities enjoyed by MILESTONE individuals at summer camp. The Adopt A Camper program helped many individuals from MILESTONE's Adult Group Homes and Elmwood Heights facility attend Camp Albrecht Acres in Iowa for a week or Camp Winnebago for 4 days. Staff from the YMCA and a Rec Connection grant from the Rockford Park District helped provide the programming for Camp Winnebago, which was designed by MILESTONE staff. While the individuals MILESTONE serves went to 2 different camps, they all agreed on one thing, they had a lot of fun and can't wait to go back to camp.



THANK YOU ADOPT A CAMPER SPONSORS

Rockford Park District
Anonymous

Mr. and Mrs. Angus More Jr.

Mr. and Mrs. Bakul Patel

Mr. and Mrs. Richard Trepanier

Ms. Gail Coffer

Dr. and Mrs. Richard Warner

Ms. Doris Latham

Ms. Audrey Wilson

and Mr. Thomas Benson

Mr. and Mrs. Charles Reiter

Mr. and Mrs. David Doerr

in memory of John Gregg

Mr. Michael Johnson

Kuhls and Company C.P.A

Ms. RoseMary Hendershott in honor of

her former students from

Page Park school

Mr. and Mrs. Fredrick Beck

Mr. Joseph Love and

Mrs. Arles Hendershott Love

St. Rita's Church

Ms. Sherri Hayes

Ms. Shirlee Joanne Famighette

Mr. and Mrs. David Traum

in honor of their children

Ms. Su Gilbert

Mr. and Mrs. Vidyut Pandya

Ms. Mary Wehrle

in honor of Mark Argyle

Mr. and Mrs. Ronald Coffer

Mr. Clark Franz

Ms. Kristy Provi

Mr. and Mrs. Donald Smith

in memory of James Damon

Mr. and Mrs. John Thomas Lounsbury

Mr. and Mrs. Thomas Glenn

Mr. Guy Dumont

in honor of Greta Dumont

Beef A Roo

Joey and Drew Licari in honor of

Bud and Marilyn Doyle

Joey and Drew Licari

in honor Joe and Joan Licari

Ms. Lisbeth Pearson

Ms. Kathleen Wampach

Mr. and Mrs. Sean Kelly

Mr. and Mrs. Shawn Way

Mr. Edward Ellis

Ms. Susie Murphy in memory

of Gary Lee and A. Dryden Miller

Mr. and Mrs. Anthony Sorokin

Middle Creek Presbyterian Church

Ms. Michelle Cox

Court Street United Methodist Church

ENJOYING THE SEASON

Individuals from the MILESTONE Training Center enjoyed getting out in the sun and spending time at both Anderson Gardens and Magic Waters. The trip to Anderson Gardens was made possible by the Salvation Army, who thanked the individuals for being bell ringers during the holiday season.





THANK YOU BERG INDUSTRIES

MILESTONE Individuals presented Berg Industries a plaque thanking them for their ongoing support. Everyone agrees the summer is a little nicer because of the help MILESTONE receives from Berg Industries.



THE MILESTONE DENTAL CLINIC CORNER

Toothbrushes have come a long way from the days of handcrafted toothbrushes made of wood, bone or Ivory handles that held together stiff bristles of hog, boar or other animals. The dental care aisle in the drug store today can be overwhelming. Whether manual or powered, your toothbrush should fit your mouth comfortably so that you can reach all areas easily. If you are using a manual toothbrush it should have bristles that are rounded on the end to prevent damage to soft tissues. Brushes displaying the ADA Seal will have rounded bristles. It is very difficult to see rounded bristles with your eyes. You should also select a brush with soft bristles. Medium or hard bristle brushes can cause damage to the soft tissues and hard tissues in the mouth with repeated aggressive brushing. No matter what type of brush you use it should be replaced every 3 or 4 months or when the bristles show about 30% wear. You should rinse your brush thoroughly with water after each use and allow it to dry to prevent a growth of bacteria in your brush between brushes. According to the American Dental Association, there is little evidence that soaking your brush in mouthwash or using a toothbrush sanitizer has any effect beyond simple rinsing and drying.



HEARING FROM LAWMAKERS AND CANDIDATES



Over 200 people attended a legislative forum at MILESTONE Industries sponsored by "Life My Way" as part of their new campaign "Vote My Way" designed to rally people with developmental disabilities and their families to vote in Illinois Nov. 2 election. Both incumbents and candidates were given the opportunity to answer questions and share their views about the current funding crisis in the state.



GRANT PROVIDES FUNDING FOR ROCVALE'S BOY SCOUT PROGRAM

A grant from the William S. Howard Charitable Trust will continue to provide funding for the Boy Scout program at RocVale Children's Home. The program provides many educational and social opportunities for the boys who enjoy the many activities. The William S. Howard Charitable Trust was established in 1982 as the charitable component of the companies of William Charles, Ltd. Those companies include Rockford Blacktop Construction Co., William Charles Investments, and the William Charles Waste Companies. Together they comprise one of the largest, locally owned companies in the region.



MILESTONE DENTAL CLINIC AWARDED GRANT

Construction on several sensory improvements will begin this fall at the Milestone Dental Clinic, thanks to an Illinois Children's Healthcare Foundation's Oral Care initiative grant. These include new lighting, flooring and equipment in the new sensory operatories and soundproofing of several walls in the clinic, and the services of Milestone's Behavioral Specialist to help to teach some patients how to become better dental patients. The implementation of the new sensory techniques will make appointments more pleasant for patients.





ROCVALE MUSTANGS JOIN RACE

The RocVale Mustangs competed in the State Street Mile, after spending the summer training with staff. The group had a great time and hope to race again. An anonymous donor helped make it possible by covering the cost of their registration fees.



ARTISANS WORK ON DISPLAY

You can purchase some of the items made by the MILESTONE Artisans at the Annual Cider and Cinnamon Arts and Craft Fair, October 2 and 3, at the Edgebrook Center in Rockford



SPECIAL OLYMPICS UPDATE

It has been a busy season for MILESTONE athletes. 44 individuals traveled to Bloomington Normal for the State Special Olympic's games, while 15 athletes competed in teeball.

The teeball team placed second in the region and will be in Decatur for the state competition this month.

SPECIAL OLYMPICS STATE GAMES

- 16 Gold medals**
- 10 Silver medals**
- 4 Bronze medals**
- 5 Fourth place ribbons**
- 5 Fifth place ribbons**
- 2 Seventh place ribbons**





RETIREMENT CELEBRATION

Friends, family, co-workers and the individuals served by MILESTONE gathered to wish MILESTONE Maintenance Supervisor Dennis Steinwand a happy retirement. Dennis came to MILESTONE 14 years ago.



TRIP TO FIRESIDE THEATER

Thanks to Dan's Dandy Day Trips, Individuals from MILESTONE Industries were able to enjoy a day at The Fireside Theater in Wisconsin. Everyone said they had a wonderful lunch and loved their production of "Ring of Fire, The story of Johnny Cash".





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For a project quote or more information about Milestone Industries
Contact: Bob Stephenson
815.639.2810
Email: bstephenson@milestone-inc.org

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MILESTONE, INC. RECOGNIZES LONG TERM EMPLOYEES

10 years

Rebecca Olthoff	August
Dana Stone	August
Glenda Williams	August
Candee Sharp	September
Susan Al-Saiyani	September
Rosanna Collins	September

15 years

Mary Ann Taylor	July
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20 years

Sheila Myers	July
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30 years

Hugh Lippitt	August
Deb Langan	August
Susana Davis	August
Martin Taylor	August

THANK YOU MILESTONE SUPPORTERS

Thank you to **Super Solos at Riverside Community Church** for the lap robes and scarves
 Thank you to everyone at **North Park Church of Christ** for the handmade fleece blankets
 Thank you to the **Arbisi Family** for the art supplies, flip flops, movies and People magazines.
 Thank you to the **Employees at Zenith Cutter** for the donation to RocVale.
 Thank you to the **North Main Dollar General Store** for the donations to the MILESTONE Training center
 Thank you to the **Janet A. Kjellstrom Fund of the Community Foundation of Northern Illinois** for the grant.

MILESTONE WISHLIST



- Newspaper subscriptions
- PEOPLE Magazines (new or used)
- DVDs
- Art supplies for RocVale
- Games for Wii units
- Exercise Bikes
- Large Plastic Radio Flyer Wagons

MILESTONE, Inc. is a 501 (c)(3) Illinois not-for-profit organization. MILESTONE Matters is developed to inform the public of the program services we offer to developmentally disabled citizens from Northern Illinois. To learn more about MILESTONE and the individuals we serve, please call (815) 654-6100.

Chief Executive Officer: M. Shawn Way
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MILESTONE MATTERS

FALL 2010



THERE IS STILL TIME TO ORDER HOLIDAY CARDS

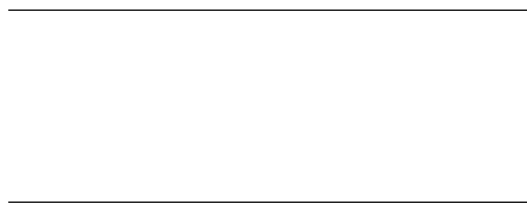
Artists at Milestone Industries are busy making cards for the 2010 Holiday season.

New Designs are available along with returning favorites. You can choose from several different designs in both Deluxe Line of cards, and the Best Value Line.

A wide selection of greetings are also available.

Last year was a record setting year with Milestone Industries filling orders for over 6400 cards, so please order yours early.

An order form is enclosed with more information or you can call Jeanette Moore at (815) 639-2821.



Address Service Requested

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Building Lives • Building Futures



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